Co-chairs: S. Randolph Waldman, MD and Donn R. Chatham, MD

Los Angeles, CA
September 22-25, 2005
(Preceding the AAO-HNS Foundation Meeting)
SUNDAY INSTRUCTION COURSES
There are 5 to 6 courses running per hour.

9:00 - 9:50am
IC 33 Cephalometrics and Skeletal Surgery for Dummies
Edward Chang, MD, New York, NY

When considering facial contour changes, the surgeon contemplates the face not just as bony protuberances, but rather, as 3-dimensional prominences consisting of soft tissue components and bone. The goals of this instructional course are to outline, in a simplistic manner, the process of completing cephalometric tracings and measurements, as well as reviewing bony surgical techniques. The cephalometric evaluation will include measurements of sella-nasion-subspinale A-point of the anterior skull base and the maxilla and mandible, respectively. Skeletal contouring procedures will be reviewed utilizing powerpoint presentations and video clips. The nose, malar, and chin regions contribute the most to the balance of the face. Skeletal asymmetries or deficiencies, as well as soft tissue changes may result in suboptimal aesthetic situations. A discussion of the various modalities, and their advantages and disadvantages will be a part of this course. Having the ability to analyze the hard and soft tissues, in addition to performing the surgeries, will give the patient all of the options to achieve a balanced and harmonious appearance.